

INTERNOS

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No. 2

February 2023

BISHOP'S PROGRAMME FOR FEBRUARY 2023

- | | | | |
|-------|-------|------|---|
| 1 | 10.00 | a.m. | Ordination at Infant Jesus Shrine,
Bikarnakatte |
| 1-3 | | | Online Meetings of ICEL |
| 4-5 | | | Pastoral Visit, Gardady |
| 7 | 10.00 | a.m. | Sandesha Trust Meeting |
| | 05.30 | p.m. | Sandesha Award Ceremony |
| 8 | 04.30 | p.m. | Diocesan Finance Council Meeting |
| 9 | 04.30 | p.m. | Blessing of the Chapel, Vittal |
| 11 | 10.00 | a.m. | Final Profession, Nithyadhar Convent |
| 11-12 | | | Pastoral Visit, Pakshikere |
| 13 | 09.30 | a.m. | Blessing of the Renovated Church, Allipade |
| | 03.30 | p.m. | Reunion, Friendship House |
| 14-17 | | | Governing Board Meeting, St Peter's
Seminary/KRCBC |
| 18-20 | | | Pastoral Visit, Permannur |
| 23 | 09.00 | a.m. | Governing Board Meeting, St Joseph's
Seminary |

Bishop Meets in Forenoon:

Diocesan Clergy and Religious Priests and Sisters, 21;

Lay Faithful, 27

BISHOP'S MESSAGE FOR FEBRUARY 2023

Papal Intention for February: The Pope invites us to pray that Parishes may become communities of faith, fraternity, and welcome those most in need, placing communion at the centre of its life. A Parish is the portion of the local Church, with a missionary outreach and pastoral conversion. In the Parish, we hear God's word, which helps us to grow in our Christian life, learn the skills of proclamation, dialogue, worship and celebration. The Basic Ecclesial Communities, Movements and Associations are a source of enrichment for the Parish. The community accompanies us from birth to death and even beyond. Pope Francis says that all the Faithful, Movements and Associations should strive hard not to lose contact with the rich reality of the local Parish, lest they become "nomads without roots" (*EG* 29). However, if the Parishes become more bureaucratic and less pastoral in approach, the people lose the sense of belonging, and it will estrange them (cf. *EG* 63). Therefore, we pray ceaselessly and strive with greater effort so that our Parishes get transformed into places of communion and fraternity, inspiring and training people to "go forth" to the existential peripheries. Then they become "field hospitals" caring for each and every one. Christ's faithful are earnestly requested to make Parish as the centre of their faith formation, worship and charity.

February 2, Presentation of the Lord: The World Day for Consecrated Life is celebrated on this feast day which commemorates Mary and Joseph presenting Jesus to the Lord in the temple (*Lk* 2:22). This day is intended to help the entire Church to esteem ever more greatly the witness of the consecrated persons who have chosen to follow Christ, practicing the evangelical counsels. It is a suitable occasion for the consecrated persons to renew their commitment and rekindle their spiritual fervor. In our Diocese, the religious men and women are ever ready to help, in the pastoral ministry, in accompanying, teaching and catechising the children and youth in our Parishes and Institutions. They visit the grieving families and accompany them

in their pain and loss. They take part in the prayer and sharing of the Word of God in the Basic Ecclesial Communities. I thank all the consecrated persons sincerely on this special day for their service to the local Church and felicitate them for their fidelity and care. I request the Parish Priests to organise gatherings to pray for them and thank them.

February 11, World Day of the Sick: On the anniversary of the apparition of Our Lady at Lourdes, we are invited to celebrate the World Day of the Sick. The Pope, in his message titled “Compassion as a synodal exercise of healing” invites us “to reflect on the fact that it is especially through the experience of vulnerability and illness that we can learn to walk together according to the style of God, which is closeness, compassion, and tenderness”. The whole Church is challenged to measure against the Gospel example of the Good Samaritan, who became a brother to the abandoned. Today, loneliness and abandonment are serious realities and even our small attention can bring healing and enkindle hope in the person who seriously needs it. Let this day not pass without caring for the sick and vulnerable in our family and in our neighbourhood.

Lenten Season: On the 22 of this month, we begin the Lenten season with the liturgical celebration of Ash Wednesday. This is a time of grace which challenges us to seek God above all. Through the exercise of prayer, fasting and almsgiving, we acquire the virtues of compassion, self-control, abstain from gratifying our undue desires, and thus experience greater spiritual maturity. The Lord places himself before us as a wonderful example, through prayer and fasting. We meditate on his passion, death and resurrection so as to experience the redemption he has brought for us.

Priests are to be available for confessions and spiritual direction. All priests are urged to be in the confessionals before the daily Mass and other devotions in the church, and on specific days of the week at scheduled times. They should announce this practice to the faithful and renew in them the spiritual value and advantages

of the sacrament. Initially, if only a very few faithful approach them or even if no one comes, they should not be discouraged, but they should use this time in the confessional by praying for the people. Confessions should be arranged in each parish to provide sufficient opportunities for the faithful to receive the grace this sacrament offers them. In this Lenten season, people should recover lost opportunities for confession.

Let us live our daily lives with sobriety and equanimity in all things. Whatever is our sacrifice, let us set aside for the needy who desire a helping hand to meet their basic needs. In our Diocese, we have been saving some of the Lenten sacrifice contributions for the purpose of assisting families with housing. During this Family Year, we will launch this project in order to assist at least 50 families in building or repairing houses with the Lenten savings. It also a good way to mark the golden Jubilee of CODP in 2024. I also request the Parish Priests to mobilise the generous contributions to help at least one family to build a house or repair those that need it urgently. I am sure many generous donors will join hands in this noble venture to give our families a decent abode.

Pastoral Consultation and Chrism Mass: On 30 March 2023, we shall have Pastoral Consultation in the morning at St Anthony's Ashram, Jeppu. If any pastoral issues are to be discussed, kindly send them to the Secretary of the Council of Priests as early as possible. We shall have the Recollection, Confessions and Chrism Mass in the afternoon at the Cathedral. Rev. Fr Chetan Lobo OFM Cap is the preacher for the Recollection.

A Word of Thanks: On 8 January 2023, we had the Eucharistic Procession and the inauguration of the Year of the Family. I am grateful to Msgr Maxim Noronha for coordinating the whole event and Fr Chetan Lobo for explaining the Word of God to us. I thank the Parish Priests of Milagres and Cathedral, members of the Parish Pastoral Council, the Deans, Parish Priests, and Parish Pastoral Council of the Episcopal City Deanery and City Deanery for their active participation and contribution. I

acknowledge the services of Mangala Jyothi, Canara Communication Centre, Family Life Service Centre, Father Muller Medical College Hospital, and their Staff for their wonderful service. The Choirs, Associations, Bands, donor of flowers, MCs have made the event orderly and prayerful. I am Indebted to the PROs, The District Administration, the Police Personnel, the Traffic Police, who have helped in the smooth functioning of the procession. I am beholden to all the volunteers, those who have given a helping hand and all the faithful who participated in the Mass and Procession. Next year, we shall have the Eucharistic Procession on **7 January 2024**. Kindly mark this date so that in the whole Diocese, no programmes shall be held in the afternoon to facilitate the participation of Christ's faithful. It is a diocesan event, and let us all participate in adoring the Eucharistic Lord and Saviour Jesus Christ.

Wish you a fruitful Lenten Season.

✠ Peter Paul Saldanha
Bishop of Mangalore

PASTORAL LETTER ON THE YEAR OF FAMILY 2023

Dear Fathers, Sisters, Brothers, and Lay Faithful,

On January 8, at the end of the Eucharistic Procession, we inaugurated the Year of Family 2023. We meditated on the theme, "Humane Family Hope of the Future". The family is a foundational and joyful reality, and "the desire to marry and form a family remains vibrant, especially among young people, and this is an inspiration to the Church" (*Amoris Laetitia*, 1). At all times, and especially when we are burdened, sad, or hurt, we remember the warmth of the family hearth and desire to return there and get ourselves replenished.

While the family is the most cherished treasure, many are deprived of this privilege and thus get wounded. The number of those getting hurt in the intimate circles of family is on the increase,

and therefore the results are disastrous. Since “the future of the world and the Church passes through the family” (*Familiaris Consortio*, 75), all that we succeed in doing to support the family is destined to have an effect that goes far beyond its own sphere and reaches other people and society as well.

When families are safe and healthy, children and adolescents grow to their full potential. However, we are witnessing an increase in family disintegration, and we must act quickly to care for all families, particularly those afflicted by poverty, illness, unemployment, misunderstanding, addictions, and violence.

We must take some concrete steps to arrest the disintegration of families by educating their members and preparing the young for family life through remote and proximate preparation. Encouraging families to build themselves on God’s Word, to be strengthened by family prayer, and to be supported by healthy families will benefit everyone. Interfaith families and spouses in mixed marriages are should be supported. So far, hardly anything is done for them. Marital love, theology of the body, complementarity of sexes, psychology of men and women and developing soft skills for relationship and communication must be studied with great attention so as to manage crises in families. Constant catechesis on family life is essential to strengthen the faith of the younger generations. Parents must be constantly encouraged to give quality time to be with their children, to listen to them and guide them properly.

We have many experts among the Lay faithful, such as doctors, nurses, social workers, and counsellors, who can help in healing and strengthening family bonds. The soured relationship could be set right through mediating reconciliation among family members, relatives and neighbours. There have been cases of addictions and infidelities, and many find it difficult to share their problems. Let this year be used fruitfully to make special efforts to heal and comfort the family members. Priests, Religious, and Lay leaders must take it their priority to visit families and to understand and

attend to their needs. At the deanery level, the Deanery Council can organise study sessions, and establish counselling desks, to ward off the evil of separation and divorce. To this effect, a qualified resource team must be formed at the deanery level.

Quite a few families are going through great pains due to the weakness of one or two members. The Commission for Family Life at the Parish and Diocesan levels must take the lead to organise workshops on sex education, love and friendship, mobile phones, alcoholic and drug addictions, the hazards of interfaith marriages, etc. Awareness programmes are to be organised on marital infidelity, premarital sex, and the catastrophes brought about thereby. In order to make families imbibe the missionary spirit, movements like Missionary Families for Christ, and Missionary Children's Associations at the Parish level are to be promoted.

Let us make time-bound programmes for this year at the parish level, with training sessions, and formation camps for various age groups so that the members of the families are strengthened in their faith. Our hard efforts to make families an oasis of contentment and joy will not go waste. At the same time, celebrations like Family Day, Parents' Day, Single Parents' Day, days of children and youth, and day of the elderly, of bachelors and spinsters could be organised.

Together with attending to these human realities, we shall also pay attention to helping those families that do not have a decent roof over their heads. Let us join hands to make our homes, sweet homes. I request the Parish Priest and all the Pastoral Commissions to focus on this "one thing necessary", the family, as they chalk out programmes for the year. May the Lord use us as effective instruments so that there is no unwanted, unloved, or uncared-for family in our parish.

✠ Peter Paul Saldanha
Bishop of Mangalore

CIRCULAR ON THE OPTION OF GROUPING THE PASTORAL COMMISSIONS IN THE PARISHES OF MANGALORE DIOCESE

The Diocese of Mangalore established 21 Pastoral Commissions two years ago as a vital component of the Diocesan Pastoral Plan - 2021-2023. Via these Commissions, much good has been accomplished in the Parishes and the Diocese, particularly through the promotion of lay leadership, by providing opportunities for parishioners to come together and serve the community in numerous areas keeping the parish dynamic and lively. We appreciate the cooperation and goodwill of all priests, religious, and lay faithful, especially those who participate actively in pastoral Commissions as members and office holders.

Some Parish Priests and lay leaders highlighted concerns and shortcomings regarding the functioning of the Pastoral Commissions, particularly due to the small size of the parish and the Pastoral Council, and the number of persons available to serve on all Commissions. In the context of the assessment of the Pastoral Commissions and recommendations that emerged during the Council of Priests meeting on December 01, 2022, it was proposed to group together some Commissions in order to accommodate specific organisational demands and enhance the operation of the Commissions without compromising the vision and purpose of each Commission. First, a small ad-hoc committee was formed in the Council of Priests' meeting to assist in this endeavour, and later, in light of the recommendation made at the Diocesan Pastoral Council, a few more religious and lay people were added to the committee.

In light of the recommendations made by the ad-hoc committee on the 21 Pastoral Commissions and taking into account various factors surrounding the Commissions and their functioning, I am pleased to give the following directives:

1. Parish Priests and Parish Pastoral Councils who are content with the way the 21 Commissions have been organised up to this point have the option of continuing in the same manner without modifications.

2. Parish Priests and Parish Pastoral Councils that need an alternative organisational arrangement may use the following grouping of the Pastoral Commissions that supports the Church's four-fold pastoral dimensions and has a solid theological foundation: (a) *Leiturgia* – Worship and Proclamation, (b) *Martyria* - Witness, (c) *Diakonia* – Service, and (d) *Koinonia* – Community/Fellowship.

2.1. The following Pastoral Commissions can be brought under the *Leiturgia* group: Commission for Liturgy; Commission for Bible and Catechetics; Commission for Proclamation and Evangelization.

2.2. These Commissions can come under *Martyria*: Commission for Social Development; Commission for Social Communication; Commission for Justice and Peace; Commission for Ecology; and Commission for Vocation and Priestly Formation.

2.3. The following Commissions are under *Diakonia*: Commission for Education; Commission for Health; Commission for Labour; Commission for Migrants; Commission for SC/STs; and Commission for Differently Abled.

2.4. The following Commissions are grouped under *Koinonia*: Commission for Basic Ecclesial Communities (BECs/SCCs); Commission for Family; Commission for Laity; Commission for Women; Commission for Youth; Commission for Ecumenism; and Commission for Inter-religious Dialogue.

2.5. The theological model of ecclesial dimensions under which the Pastoral Commissions are organised should be considered in such a way that each dimension does not stay blatantly compartmentalised, but rather that all dimensions integrate and are co-embraced. Witnessing, for instance, occurs in every dimension.

3. Each of the four groups will have a Convenor (*sanchalak*). The Parish Pastoral Council chooses this Convenor from among its members.

4. Each Pastoral Commission under the specific group will have a Secretary, preferably chosen from among the members of the Parish Pastoral Council, or the Parish Pastoral Council can choose someone competent and dedicated from outside the Parish Pastoral Council. If chosen from outside the Parish Pastoral Council membership, this person does not become a member of the Parish Pastoral Council.

5. One can be the Secretary for more than one Commission in the same group. The person holding the post of Secretary for more than one Commission, however, is responsible for maintaining the specific identity and role/function of each Commission.

6. The function or responsibility of the Convenor of each group shall be the same as before (see *Pastoral Plan 2021-2023*, p. 14), but now with more Commissions under him/her. Therefore, when meetings and activities are planned, they should be done as a group with the collaboration of all the Commissions under the same group.

7. When meetings of the group (of the Pastoral Commissions) are convened, the Convenor must invite the Parish Priest, the Coordinator of the 21 Pastoral Commissions (*samyojak*), the Vice-President, and the Secretary of the Parish Pastoral Council to facilitate their participation in the meetings.

8. The norms relating to membership in each Commission remain the same as before.

9. In view of the options presented to parishes (either continuing to follow the practise presently in place for the 21 Pastoral Commissions or choosing the alternative provided here of grouping the 21 Commissions into four groups), Parish Priests should select the Convenors of each Commission or groups of Commissions, as well as the Secretary for each Commission. The list of the office-bearers of the Pastoral Commissions, such as the Coordinator of 21 Commissions, the Convenor of each Commission or the Convenors of 4 groups of Commissions and their Secretaries, should be sent to the Bishop by **March 15, 2023**.

10. The Coordinator of the 21 Commissions and the Convenor of the group of Commissions should cooperate with the Parish Priest to coordinate and prioritise the Commission's activities so that, following the principle, 'activities should not be multiplied without necessity', they do not let time, energy, and resources go to waste or get dispersed.

11. While no imposition is made on parishes in terms of the quantity or number of programmes they should offer through the Commissions or Commission groups during the year, it is required of all parishes to plan and carry out programmes and pastoral activities that promote spiritual growth and pastoral welfare, with emphasis on the nature, quality, and impact of the programmes rather than their number.

12. When pastoral activities are organised through the Commissions or the Commission Group, evaluation and reporting should be done in accordance with the principles and model provided on page 48 of the Mangalore Diocesan *Pastoral Plan 2021-2023*, with a clear reference to the Commission/s under which the particular programme was held.

13. While the Pastoral Commissions primarily function at the parish level, it is useful and advisable to provide information and report on their activities at Vicariate-level meetings so that this sharing enlightens, edifies, and strengthens others in their pastoral mission.

14. The experiences recounted by many priests and lay leaders regarding the connection between the Parish Pastoral Council and the Pastoral Commissions reveal that there appears to be some temptation among the Parish Pastoral Council office bearers and the Pastoral Commission Coordinators on who among them has precedence or place of honour. Every leader in the Church is called to serve and, as such, should have the attitude of a servant. For Jesus said: "You know that the rulers in this world lord it over their people, and officials flaunt their authority over those under them. But among you, it will be different. Whoever

wants to be a leader among you must be your servant, and whoever wants to be first among you must become your slave” (Mt 20: 25-27). Seeking name, honour, and prominence is never a quality of a Christian leader but rather seeking the kingdom of God above all things.

15. The basic component of ministry is a good relationship between God and people. Therefore, any activity or programme should promote pastoral relationships and the welfare of the people/parish. In this context, the activities or programmes should not focus merely on ‘stage functions’ or ‘stage programmes’ but rather on those which create and build strong long-term relationships and contribute to the well-being of individuals and families through the ministry of accompaniment.

16. Meetings and events or programmes cannot sustain and promote pastoral life on their own. Those in charge of planning and carrying out the programmes should prioritise their own spiritual lives. As a result, it is imperative that the Parish Pastoral Council and the Pastoral Commissions meet periodically throughout the year for an hour of prayer, adoration, and formative talks/guidance on their roles, just as they frequently meet for extended hours of meetings and programmes. This will be extremely beneficial in transforming our so-called “political” mentality and approach into a pastoral mentality and approach, which will enable us to “feel, think, and act with the Church” (*sentire cum Ecclesia*).

We have declared 2023 in our diocese as the Year of Families. Hence, the Pastoral Commissions should make all efforts to focus on family life. There are several issues to address: marriage and family life – broken marriages and broken families; addictions affecting families; education of children; family catechesis and prayer; concerns of youth in the family; the social development and civic awareness of having necessary certificates, cards, documents, availing of social/government benefits; family and vocations to the priesthood and religious life; the sick, elderly and disabled in families and their spiritual and pastoral welfare; inter-faith families and their involvement in the life of the parish, justice and reconciliation issues in families, and so on.

Each of these issues calls for close personal accompaniment, a trustworthy relationship, and a generous willingness to help. Therefore, our focus should be on “walking at people’s side, of doing more than simply listening to them” and our Pastoral Commissions should pave the way for all of us to become “a Church that accompanies them on their journey; a Church able to make sense of the ‘night’ contained in the flight of so many of our brothers and sisters from Jerusalem; a Church that realises that the reasons why people leave also contain reasons why they can eventually return” (Pope Francis, World Youth Day, 2013).

Given from the Bishops Office, Kodialbail, on January 25, 2023, the Feast of the Conversion of Saint Paul, on which day the guidelines come into effect.

✠ Peter Paul Saldanha
Bishop of Mangalore

ಫಿರ್ಗಜ್ ಗೊವ್ಳಿಕ್ ಪರಿಷದೆಚೆ ವಿವಿಧ್ ಆಯೋಗ್ 2023-2025

ಫಿರ್ಗಜೆಚೆಂ ನಾಂವ್:

21 ಆಯೋಗಾಂಚೊ ಸಂಯೋಜಕ್: ಮೊಬಾಯ್ಲ್ ಸಂಖೊ:

1. ಆಯೋಗ್ ಪಂಗಡ್: ದೇವ್‌ಸ್ತುತಿ-ಸುವಾರ್ತಾ-ಪರ್ಗಟ್ಣಿ
Liturgy-Word-Proclamation (*Leiturgia*):

ಸಂಚಾಲಕ್:

ಮೊಬಾಯ್ಲ್:

ಕ್ರ. ಸಂ.	ಆಯೋಗ್	ಕಾರ್ಯದರ್ಶಿ	ಮೊಬಾಯ್ಲ್
1	ಪವಿತ್ರ ಪುಸ್ತಕ್ ಆನಿ ಕ್ರಿಸ್ತಿ ಶಿಕ್ಷಣ್ ಆಯೋಗ್		
2	ಪರ್ಗಟ್ಣಿ ಆನಿ ಸುವಾರ್ತಾ ಪ್ರಸಾರಾಚೊ ಆಯೋಗ್		
3	ದೇವ್‌ಸ್ತುತಿ ಆಯೋಗ್		

2. ಆಯೋಗ್ ಪಂಗಡ್: ಸಾಕ್ಸ್ Witness (*Martyria*):

ಸಂಚಾಲಕ್:

ಮೊಬಾಯ್ಲ್:

ಕ್ರ. ಸಂ.	ಆಯೋಗ್	ಕಾರ್ಯದರ್ಶಿ	ಮೊಬಾಯ್ಲ್
1	ಸಮಾಜಿಕ್ ಉದರ್ಗತೆಚೊ ಆಯೋಗ್		
2	ಸಾಮಾಜಿಕ್ ಸಂಪರ್ಕಾಚೊ ಆಯೋಗ್		
3	ನೀತ್ ಆನಿ ಶಾಂತಿ ಆಯೋಗ್		
4	ದೇವ್‌ಅಪೊವ್ಣೆಂ ಆನಿ ಯಾಜಕಿ ತರ್ಬೆತಿಚೊ ಆಯೋಗ್		
5	ಪರಿಸರ್ ಆಯೋಗ್		

3. ಆಯೋಗ್ ಪಂಗಡ್: ಸೆವಾ Service (*Diakonia*):

ಸಂಚಾಲಕ್:

ಮೊಬಾಯ್ಲ್:

ಕ್ರ. ಸಂ.	ಆಯೋಗ್	ಕಾರ್ಯದರ್ಶಿ	ಮೊಬಾಯ್ಲ್
1	ಶಿಕ್ಷಾ ಆಯೋಗ್		
2	ಭಲಾಯ್ಕೆ ಆಯೋಗ್		
3	ವಾವ್ರಾಡ್ಪಾಂಚೊ ಆಯೋಗ್		
4	ಧಳಾಂತರ್‌ಕಾರಾಂಚೊ ಆಯೋಗ್		
5	ಪರಿಶಿಷ್ಟ್ ಜಾತ್/ಪಂಗಡ್ ಆಯೋಗ್		
6	ವಿಶಿಷ್ಟ್ ಸಕ್ತಿಂಚೊ ಆಯೋಗ್		

4. ಆಯೋಗ್ ಪಂಗಡ್: ಏಕ್ವಾರ್ Unity (*Koinonia*):

ಸಂಚಾಲಕ್:

ಮೊಬಾಯ್ಸ್

ಕ್ರ. ಸಂ.	ಆಯೋಗ್	ಕಾರ್ಯದರ್ಶಿ	ಮೊಬಾಯ್ಸ್
1	ಲ್ಟಾನ್ ಕ್ರಿಸ್ತಾಂವ್ ಸಮುದಾಯ್ ಆಯೋಗ್		
2	ಕುಟ್ಮಾ ಆಯೋಗ್		
3	ಲಾಯಿಕ್ ಆಮೊಸ್ತಲಾದಿಚೊ ಆಯೋಗ್		
4	ಸ್ತ್ರಿಯಾಂಚೊ ಆಯೋಗ್		
5	ಯುವಜಣಾಂಚೊ ಆಯೋಗ್		
6	ಕ್ರಿಸ್ತಾಂವ್ ಏಕ್ವಟಾಚೊ ಆಯೋಗ್		
7	ಅಂತರ್‌ಧರ್ಮಿಕ್ ಸಂವಾದಾಚೊ ಆಯೋಗ್		

ತಾರಿಕ್:

ಇಗರ್ಜೆಚಿ ಮೊರ್

.....
ವಿಗಾರಾಚಿ ದಸ್ತುತ್

Please Note: Those who choose to continue using the structure of 21 individual Pastoral Commissions (without groupings) must adhere to the format provided in *Inter Nos*, November 2022, pp. 231-232, while those who implement the groupings of Commissions must use the format outlined above in this issue of *Inter Nos*. All are to submit the list to the Bishop by March 15, 2023.

STUDY COMMITTEE: STATUS OF EDUCATIONAL INSTITUTIONS AND IMPLEMENTATION OF NEP 2020

On October 27, 2022, study sessions and talks on the implementation of NEP 2020 were held at St Joseph's Engineering College in Vamanjoor, with priests selected from parishes and institutions participating. A proposal to establish a Committee to Study the Status of the Educational Institutions of the Diocese of Mangalore in anticipation of the implementation of the NEP evolved from this programme.

Accordingly, I constituted a Committee consisting of Rev. Wilfred Prakash D'Souza (Convener), CA Lionel Aranha (Secretary), Rev. Antony Shera (Ex-Officio as Secretary, Catholic Board of Education), and 12 other members from the clergy and lay faithful having knowledge and expertise in relevant fields of administration and education. This Committee is given the mandate to gather data, study the existing status/condition of educational institutions, and offer suggestions and some concrete recommendations to improve our educational apostolate and help in the implementation of NEP.

Parish Priests, Correspondents, and heads of Education Institutions are kindly requested to cooperate with the Committee and submit necessary data/information as and when requested.

- **Bishop of Mangalore**

A REMINDER ON ANNUAL MISSION STATISTICS - 2022

We thank Rev. Fathers and religious sisters who have submitted the Annual Mission Statistics (Jan-Dec 2022) to the Chancery. We appreciate their diligence. We kindly remind the Parish Priests and heads of religious houses/institutions who have not yet submitted their Mission Statistics to submit them to the Chancery before **February 15, 2023**. We request Parish Priest to remind the heads of religious Convents in their parish to submit the forms duly filled in before the said date.

The Secretariat of State has informed the Bishops through the Apostolic Nuncio about the compilation of statistical data for the year 2022, which the dioceses must upload to the portal of the Vatican website by next month, and this data would eventually be published in the *Annuario Pontificio*. We ask the Parish Priests and the religious superiors to assist us by doing what has to be done before the deadline, sparing us the time and effort of contacting them again.

- **Chancery Office**

**ECCLESIASTICAL TRIBUNAL OF THE
DIOCESE OF MANGALORE**

Statistical Summary of Cases for the Year 2022

A. First Instance Cases	
1. Cases awaiting completion as on 01-01-2022	32
2. Petitions registered during 2022	70
Total number of petitions as on 31-12-2022	102
Cases completed during 2022	
1. Fr Walter D'Mello	68
2. Fr Naveen Pinto	01
Total number of petitions disposed	69
Cases awaiting completion as on 31-12-2022	33
Cases awaiting completion with: Fr Walter D'Mello – 29 Fr Naveen Pinto - 04	
Defenders of the Bond	
1. First Instance: Fr Naveen Pinto: 36 Fr Daniel Veigas OP: 33	
B. Second Instance Cases	
1. Cases pending as on 01-01-2022	00
2. Cases received during 2022	00
3. Cases completed during the year 2022	00
Total number of cases at hand as on 31-12-2022	00

**- Fr Walter Oswald D'Mello
Judicial Vicar**

“Silence helps the assembly and concelebrants to concentrate on what is to be done. Often sacristies are noisy before and after celebrations, but silence opens and prepares for the mystery: it is silene that enables you to prepare for the mystery, it permits its assimilation, and lets the echo of the Word that is listened to resound. Fraternity is beautiful; greeting one another is beautiful, but it is the encounter with Jesus that gives meaning to our gathering, to our coming together” (Pope Francis)

MANGALA JYOTHI

I. Programmes for February

- 1-12 : YOUCAT International authors meeting and training
14 : Liturgy Animation - the blessing of the newly built church, Allipade
18 : YOUCAT session - DYC, Kirem
19 : Liturgy Seminar/Lectors/Choir Training
20-25: Catechetics Class - Deena Seva Ashram, Bangalore
26 : Catechism Day - Parish level

II. Information:

- A. Commission for Catechetics: Catechism Exams/Day Sunday Catechism:** You are requested to complete all catechism classes before 28 February 2023. You may organise a catechism day either on 26 February or 5 March 2023 or at your convenient date. Please complete the submission of all catechism students' data (online) before 10 March 2023 at our website: www.mangalajyothi.com/parishlogin/allstudentsdata.

Diocesan Level Catechism and VE day: Diocesan level Catechism as well as Value Education Day, will be celebrated on the 4th & 5th of March 2023. On that day, we will be honouring the Top scorers of VII and X Std. students (School level catechism/value education annual exams). **Programme Schedule:**

4 March 2023: 3.00 p.m. to 5.30 p.m.

5 March 2023: 8.30 a.m. to 2.00 p.m.

You are cordially invited to the celebration.

B. Commission for Liturgy:

- 1. Lenten Season:** Kindly refer to *Ordo* pages 73-79 for the liturgical guidelines
- 2. Recollection and Meeting of Extraordinary Ministers:** The Lenten season is an important and ideal time to evaluate the ministry of Extraordinary Ministers of Holy Communion.

Hence, you are requested to organise a recollection and evaluation meeting for the extraordinary ministers at the deanery level in this season.

III. New Arrivals / Reprint:

1. Bible Salaval - Introduction to Old Testament in Konkani - by Fr. Roque D'Souza.
2. Kutmachi Kursavat - Bishop Peter Paul Saldanha & Fr Valerian Fernandes
3. Jiniyechi Kursavat - Fr Louis DSa
4. Prarthananjali - Kannada Prayer book - Fr Vinay Kumar
5. Daivik Kakulth - Revised edition
6. Bible Housie - Konkani/English
7. Responsorial Psalms - English (ABC) - Fr Ronald Serrao
8. 150 Keertana (Konkani) - Text & Music - Fr Ronald Serrao

IV. Items Available at Our Stall:

- * Mass Candles, superior quality Hosts & Particles, Incense
- * First Holy Communion candles, crown, veil, Rosary, Scapular & Certificates
- * Confirmation Certificates
- * Souvenirs for all types of religious events.
- * Church Articles (Liturgical)
- * Mass Vestments, Alb, Surplice, stoles
- * Various types of Crucifixes and statues
- * Votive and murdom candles

- Director, Mangala Jyothi

CODP PROGRAMMES

- 01.02.2023 : Awareness on Communicable and non-communicable diseases with focus on Blood Pressure at Kumbla
- 04.02.2023 : Training to school children on Plastic Waste Management at Gadiala

- 05.02.2023 : Awareness on various schemes to labourers at Rosario Cathedral
- 07.02.2023 : Training to school children on Natural Resource Management at Kadumara
- 10.02.2023 : Training in Tailoring at Narampadu
- 11.02.2023 : - Training on Government Schemes at Vijayadka
- Training on Gender Equality at Bakrabail
- 12.02.2023 : - Cleanliness drive at Shenii
- Training on Natural Resource Management at CODP-ISD
- 15.02.2023 : Training in Tailoring - cloth bag making at Puttur
- 18.02.2023 : Training on Gender Equality at Vorkady
- 23.02.2023 : Training on Government Schemes at Bannur
- 25.02.2023 : - Training on Poultry and Goat rearing at Kempugudde
- Training on Gender Equality at Manjeshwar
- 26.02.2023 : Training on Organic farming and Kitchen gardening at Mavinakatte
- 27.02.2023 : - Awareness on Communicable and non-communicable diseases with focus on Blood Pressure at Kumbla
- Training on Women's Reservation Bill at Kayyar
- Training on Poultry and Goat rearing at Adampara
- 28.02.2023 : Training on Women's Reservation Bill at Kannatipara

II Correction (ತಿದ್ದುಪಡಿ) - LENTEN CAMPAIGN 2023

ಮೋಗಾಚ್ಯಾ ಯಾಜಕ್ ಬಾವಾಂನೊ, 2023 Lenten Campaign ಕವರಾಂ ಸಂಗಾತಾ, ಫಿರ್ಗಜೆಕ್ ಕಳೊಂವ್ಚ್ಯಾ ವಿಷಯಚೆರ್, "ಕುಮೊಕ್ ಜಾವ್ನ್ ದಿಲ್ಲೊ ಐವಜ್" ಬರಯ್ತಾನಾ ಚೊಕ್ ಜಾಲ್ಯಾ ತೊ ಐವಜ್ (46,77,582/-) ತಿದ್ದುಪಡಿ ಕರುನ್ 64,99,692/- ರುಪಯ್ ಮ್ಹಣ್ ವಾಚ್ಚೆಂ ಆನಿ ಲೊಕಾಂಕ್ ಕಳೊಂವ್ಚೆಂ ದೇವ್ ಬರೆಂ ಕರುಂ.

- Director, CODP

LENTEN PENANCE AND DEVOTIONAL PRACTICES

At the beginning of the Season of Lent, we apprise you of the Lenten Penance and Devotional Practices:

The penitential days and times in the universal Church are every Friday of the whole year and the season of Lent (Can. 1250). As determined by the Episcopal Conference, abstinence from meat or from some other food is to be observed on all Fridays, unless a solemnity should fall on a Friday. Abstinence and fasting are to be observed on Ash Wednesday and Good Friday (Can. 1251).

1. ***Mandatory Days of Fast and Abstinence in Lent:*** Ash Wednesday and Good Friday. Abstinence becomes mandatory from the age of 14, and the law of fasting and abstinence binds those who have attained their majority (18 years completed) until the beginning of their sixtieth year (canon 1252).

Let us remember that more than “abstaining from meat,” what we have to pray for is a ‘clean heart’, a ‘new heart’. The Gospel is not a set of laws to be observed but the surrender of our hearts to God in conversion. Each one of us will look for many other ways of “abstinence” from the pleasurable things of life that our heart is inclined to.

Our Clergy, Religious and Lay Faithful are urged not to excuse themselves too easily from this obligation, as it is but fitting that on the prescribed days of fasting, we unite ourselves in a special manner with the Passion and Death of Our Saviour by a more intense form of penance.

2. ***Other Days of Penance in Lent:*** Fasting and abstinence are recommended on all the days of Lent and particularly on Fridays. These should be enhanced with devotional practices of our faith that manifest our deeper communion with the Lord. For example:

- a) Daily participation in the Holy Eucharist
- b) Regular visits to the Church/Blessed Sacrament
- c) Reception of the Sacrament of Penance/Confession
- d) Stations of the Cross on Fridays/other days

- e) Reading the Bible and spiritual books
- f) Family prayer in common: Rosary, Bible Reading, Way of the Cross, etc.
- g) Prayer to the saints for their intercession
- h) Abstaining from alcohol/smoking/TV/cinema/partying/mobile and other media
- i) Abstaining from beverages (like tea/coffee between meals)
- j) Almsgiving and visiting the poor
- k) Visiting the sick, elderly, and lonely, either at home or in hospitals
- l) Abstaining from meat/fish for those for whom meat/fish is part of the regular diet. Efforts at reconciliation with a family member or neighbour
- m) Giving 10% of one's daily earnings in charity.
- n) Offering a meal to a poor family; sponsoring a part of the school fee
- o) Offering voluntary service for some social/charitable work

Devotional exercises that are traditionally associated with Lent are to be strongly encouraged. Stations of the Cross should be prayed communally, particularly on each Friday of Lent, to foster the preparation of the faithful for the celebration of Easter.

Parishes should offer more opportunities for individual and community renewal through, for example, a Lenten Holy Hour with Exposition of the Blessed Sacrament and Benediction, evenings of reflection, spiritual renewal days for parish organisations (councils and associations), or other Lenten family/parish activities.

Our Lenten Penance must never become superficial: “No act of virtue can be great if it is not followed by advantage for others. So, no matter how much time you spend fasting, no matter how much you sleep on a hard floor and eat ashes and sigh continually, if you do no good to others, you do nothing great” (St John Chrysostom).

DIOCESAN PASTORAL CONSULTATION – 2023

The Diocesan Pastoral Consultation will be held on Thursday, March 30, 2023, at St Antony's Institutions, Jeppu. Pastoral issues/problems will be the main topic of the morning session. The afternoon programme will be held at the Rosario Cathedral. Recollection Talk, Confessions, and Chrism Mass will be part of the afternoon programme.

May I kindly request the Vicars Forane to discuss at the Vicariate (Varado) level the pastoral issues which could be taken up for the diocesan level consultation and send the same to the Vicar General's Office by the end of February.

- **Fr Joseph Martis, Secretary**

POPE FRANCIS ON LITURGY

The celebratory style is evaluated, to consider progress and aspects to be corrected. I encourage you to help seminary superiors to preside in the best way possible, to take care of proclamation, gestures, signs, so that future priests, along with the study of liturgical theology, learn how to celebrate well: and this is the style of presiding. One learns by watching daily a priest who knows how to preside, how to celebrate, because he lives the liturgy and, when he celebrates, he prays. I urge you to also help those in charge of the ministries to prepare the liturgy of the parishes by starting small schools of liturgical formation, which combine fraternity, catechesis, mystagogy and celebratory praxis.

Let people take something home with them [from your homily]. And always a thought, a sentiment and an image. In *Evangelii Gaudium* I wanted to emphasize this. And I said it many times, because it is something that we end up not understanding: the homily is not a conference, it is a sacramental. The Lutherans say that it is a sacrament, it is a sacramental – I think it is the Lutherans – it is a sacramental, not a conference. It is prepared

in prayer; it is prepared with an apostolic spirit. Please, the homilies, which are a disaster in general (Pope Francis, Address to the Participants in the Course, “Living Liturgical Action Fully” on 20 January 2023).

R.I.P.

- Mrs Juliana D’Souza (82 years), mother of Rev. Fr Naveen D’Souza, Parish Priest, Bambil, passed away on 31.12.2022. Her funeral took place on 01.01.2023 at St Patrick Church, Siddakatte.
 - Mrs Apoline Pinto (83 years), mother of Rev. Fr Rony Pinto, Asst Parish Priest, Mudipu, passed away on 15.01.2023. Her funeral took place on 16.01.2023 at St Thomas the Apostle Church, Ammembal.
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